

Classes

Auditorium Class: Andy Scott Teens: Arpoika Daniels 4th - 6th Grade: Lani Renner 1st - 3rd Grade: Ginger Posey

3yr - K: Lynn Grimes Nursery: Miranda Hays

Sermons

AM: Arpoika Daniels

PM: No Evening Bible Study



Next Sunday on Search: Mar 2 – Forgiveness of Sins Have you considered what it means to have all your sins forgiven? There is no greater bless-

ing than knowing nothing stands in the way of your relationship with God and having the hope of eternal life in heaven.

Daily Bible Reading

Sunday Psalms 10-14 & Acts 6

Monday Psalms 15-18 & Acts 7:1-22

Tuesday Psalms 19-22 & Acts 7:23-43

Wednesday Psalms 23-27 & Acts 7:44-60

Thursday Psalms 28-30 & Acts 8:1-25

Friday Psalms 31-33 & Acts 8:26-40

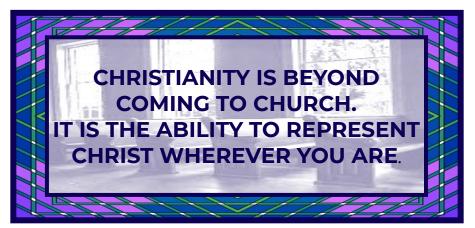
Saturday Psalms 34-35 & Acts 9:1-19 February 23 End-Of-Jhe-Month Potluck Luncheon

Stay and enjoy the fellowship!

Brothers Keeper Group 2 is in charge of set-up and clean-up

A brief devotional will follow our meal and there will be no 5:00 Bible study.

"... let your light shine before men, that they may see your good deeds and praise your Father in heaven." Matthew 5:16 (NIV)



In Our Hearts:

"You are forgiving and good, O Lord, abounding in love to all who call to you." Psaim 86:5 (NIV)

Please continue to pray for Kenny Brewer's upcoming surgery.

Larry Waddell, Lee Daniels, mother of Arpoika Daniels, Pat Joslin & Barbara McKinney, sisters of Sue Alexander, LaRohnda Jones & Mary Ray, nieces of Johna Myers, Kenny Brewer, Sue Alexander, Talhia Vanlandingham, Steve Lashley, Alvis Campbell, Ted Criswell, Shirley Carson, the late Wayne Maxell's sister

Let's remember our shut-ins: Peggy Jackson and Carolyn Self

<u>5:00 Bible Study:</u> Sunday, March 2nd, Meal Group 1 will be hosting our 5:00 Bible study in the fellowship room. Please make plans to attend and bring a friend!

Instant Church Directory: Our on line directory can be updated at anytime! If you have a current picture or a change in your contact information, please provide that update to the office and we will get those changes made. You can also submit your updates directly into your directory app. Once updates are submitted, the office will be contacted by Instant Church Directory to apply your updates!

THERE'S NO LIMIT TO WHAT GOD CAN DO THROUGH A HEART THAT ****** FULLY TRUSTS HIM. ****** ****** Sometimes, the biggest blessings aren't what God gives but what He protects you from without you knowing.

Time With Tim

Nurturing a Healthy Spirit

"Create in me a pure heart, O God, and renew a steadfast spirit within me." Psalm 51:10

Just as our bodies and minds require care, our spirits need consistent attention and nourishment to remain healthy. Spiritual health is foundational to our relationship with God, guiding our thoughts, actions, and purpose in life.

The Bible teaches us how to maintain a strong and healthy spirit. Jesus reminds us in Matthew 4:4, "Man shall not live by bread alone, but by every word that comes from the mouth of God." Feeding our spirits with Scripture strengthens our connection to the Lord and equips us to withstand spiritual battles. Regular Bible study and meditation keep our spirits aligned with God's will.

Prayer is another essential element of spiritual health. Jesus often withdrew to pray, modeling the importance of quiet time with God (Luke 5:16). Through prayer, we share our burdens, seek guidance, and renew our spirits with the peace and presence of God.

Our spiritual health also depends on maintaining fellowship with other believers. Hebrews 10:24-25 urges us to encourage one another and not neglect meeting together. Community worship, support, and accountability help sustain our spiritual growth.

Finally, serving others nurtures our spirits. Jesus said, "It is more blessed to give than to receive" (Acts 20:35). Acts of service reflect Christ's love and invigorate our faith.

By dedicating time to prayer, Scripture, fellowship, and service, we protect and strengthen our spirits against the weariness of the world. Let us continually seek God's renewal, so our spirits remain steadfast in Him.

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

Jesus the Bread of Life

The Passover feast was at hand, and thousands were visiting the area. A large crowd was coming to Jesus and the disciples were concerned about how they could be fed. This led to the great miracle of Jesus feeding the five thousand (John 6:1-14). Jesus more than amply provided for the needs of the people through the miracle, and this convinced many that Jesus was "truly the Prophet who is to come into the world."

Yet some were coming to Jesus now because they thought they could get more food. Jesus said to them, "Do not work for the food which perishes, but for the food which endures to eternal life, which the Son of Man will give to you, for on Him the Father, God, has set His seal" (John 6:27). What is this food which endures to eternal life? What would Jesus give that would satisfy this greater need? The people wondered and even asked what sign He would show so that they would believe. "Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread out of heaven to eat." God gave manna as a sign to the children of Israel, not only to feed them physically, but to show that He could care for them in their needs. They needed to learn to trust Him.

Jesus used the appeal to the manna to show that He is the One to whom they should be paying attention. Moses was not the one who gave the bread out of heaven, Jesus told them. Rather, "it is My Father who gives you the true bread out of heaven" (v. 32). What exactly is this bread? The "bread of God is that which comes down out of heaven, and gives life to the world." Of course, they wanted this bread, but Jesus took it a step further. "I am the bread of life; he who comes to Me will not hunger, and he who believes in Me will never thirst." Jesus ties in being the living water (John 4 and 7) with being the bread of life sent from heaven. Those who believe in Him will have eternal life and they will be raised up on the last day.

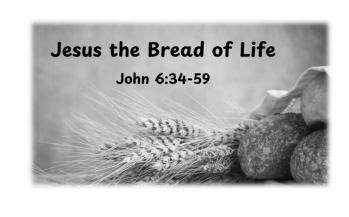
Not everyone was happy with what Jesus said. They knew Jesus' parents, so how could He say that He had been sent from heaven? Yet Jesus told them that if they let themselves be taught of God, they would come to Him. He reiterated that faith in Him would lead to eternal life, then doubled down on His claim. In contrast with their forefathers who ate the bread in the wilderness and still died, Jesus is the bread come out of heaven so that people may eat and not die. He is the "living bread" that we may eat and live forever, "and the bread also which I will give for the life of the world is My flesh" (v. 51).

Even more shocking was what He said next: "unless you eat the flesh of the Son of Man and drink His blood, you have no life in yourselves" (v. 54). To be raised up again and live forever, we must eat His flesh and drink His blood. Many stumbled over this teaching and walked away from Jesus. He then turned to His chosen disciples and asked them if they were going to leave, also, to which Peter replied, "Lord, to whom shall we go? You have words of eternal life. We have believed and have come to know that You are the Holy One of God" (vv. 68-69).

What does it mean to eat His flesh and drink His blood? We can see the idea expressed by the parallel between verses 40 and 54: "everyone who beholds the Son and believes in Him will have eternal life, and I Myself will raise him up on the last day" (v. 40) has the same thought as, "He who eats My flesh and drinks My blood has eternal life, and I will raise him up on the last day." The parallel would show that eating the flesh and drinking the blood of Christ is metaphorical for looking upon Him and believing in Him. Looking and believing would also include taking in His word because He has the "words of eternal life." To eat and drink is to imbibe Jesus and His message. We absorb Him into our hearts and commit ourselves to His will.

The One sent from heaven said, "the bread also which I will give for the life of the world is My flesh" (v. 51). If we want the life that He gives, we must partake of this living bread, for "he who believes has eternal life" (v. 47). He died for us so that He may raise up at the last day. We must listen carefully, then, for, as Jesus said, "the words that I have spoken to you are spirit and are life" (v. 63).

- Doy Moyer



Minister: Arpoika Daniels (cell) 405-380-6167 Associate Minister: Tim Smith (cell) 405-481-6931 Administrative: Lynn Grimes	Elders: Jack Mattingly , Sr. (cell) 405-380-2510 Syd Morgan (cell) 405-380-7406 (Home) 405-382-3404 Andy Scott (cell) 405-287-8580	Deacons: Ken Crane Jim Grimes Steve Johnson Jerry Renner Bob Swearingen	Worship & Bible Study Schedule AM Sunday 9:30 - Bible Class Sunday 10:30 - Worship PM Sunday 5:00 - Bible Study Wednesday 6:00 - Bible Study
(office) 405-382-0548			

Worship Workers February 23

In Charge: Jack Mattingly (405-380-2510)

Welcome AM: Andy Scott

Song Leader: Steve Johnson

Opening Prayer: Andy Scott

Closing Prayer: Nuben Barton

Lord's Supper & Offering AM: Tim Smith

Lord's Supper & Offering PM: No Service

Scripture Reading: Gil Turpin

<u>Heritage House</u>

Thursday, February 27

Sue Alexander & Debbie Ernst

February Nursery Attendants

- Feb 2 Ashley Noey
- Feb 9 Debbie Crane
- Feb 16 Kay Lashley
- Feb 23 Ginger Posey

February Worship & Bible Class Greeters

North Doors: Paul & Sue Alexander

South Doors: Bob Griggs & Alan Morgan

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